

# Nursery News



March 2026

We're excited to share that we've started a collaboration with the local charity **The Little Green Sock Project**. They collect and redistribute quality essentials for children aged 0–16, ensuring these items reach families who need them most. We're really proud to be working together and supporting the important work they do in our community. More information will follow as we establish the partnership and explore how we can make the biggest impact together.

Our recent **Clothing Swap** was also a great success. Thank you to everyone who donated and took part. Any items left over will be donated to the charity as part of our new partnership.

During March, we are kindly asking for any **food donations** for the local food bank to help support families over the Easter period. Any contributions, big or small, would be greatly appreciated.

We also have some fantastic news to celebrate. Our amazing chef **Kiran** has helped us achieve a **5-star Food Hygiene Rating**. It's no surprise to us, but it's wonderful to have that level of recognition and reassurance for everyone who visits us.



## ☀️ Refer a Friend!

Love our nursery! Recommend our nursery to a friend, and once their child has been with us for **three months**, you'll receive a **£50 Amazon voucher** as a thank-you from us.

## Dates for the Diary

### World Book Day – 5th March

Feel free to come dressed as your favourite character from your favourite book.

### World Sleep Day – 13th March

Feel free to come in pyjamas for a relaxing day at nursery.

### Mother's Day Stay and Play – 12th March 3–4pm

A fun-filled hour of Mother's Day activities. Open to mothers, fathers, grandparents, aunts and uncles.

### St Patrick's Day – 15th March

Wear green!

### Photo Day – 31st March



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## What we will be doing in March

### Under 2's

The under-twos are introducing a new *Story of the Week* to support early language development and shared group experiences. Each week, the children will help choose a book to focus on, and it will be read together during circle time so they can become familiar with the characters, rhythm, and language. To build on the story, the team will plan simple, engaging activities linked to the book, such as sensory play, creative mark-making, small-world setups, or themed songs and rhymes. This helps the children make connections between the story and their play while encouraging curiosity and communication.

We'll share each week's chosen story so families can join in at home if they'd like.

### Toddlers

Toddlers will be exploring **celebrations and cultures** in a way that feels hands-on, joyful, and meaningful for their stage of development. The focus is on helping them notice that people and families celebrate in different ways, and that these traditions can include special foods, music, clothing, decorations, and shared moments.

They'll take part in a variety of activities that introduce them to celebrations from around the world, such as simple craft experiences, sensory trays inspired by cultural traditions, music and movement linked to festivals, and small-world play that reflects different family customs. Stories, songs, and photos will help bring these celebrations to life, giving the

children a chance to see and talk about similarities and differences in a positive, age-appropriate way.

This learning helps toddlers build early awareness of diversity, encourages curiosity, and supports their developing sense of belonging within their nursery community.

### Preschool

Our preschoolers will be taking part in a week of hands-on exploration for **British Science Week**, giving them the chance to discover ideas from physics, chemistry, and biology in a fun, age-appropriate way. Throughout the week, they'll experiment, observe, and talk about what they notice, helping them build early scientific thinking skills. They'll explore **physics** by looking at force and movement, using ramps, rolling objects, and testing how magnets attract and repel. These simple investigations help them understand how things move and interact in the world around them.

Through **chemistry**, the children will enjoy a range of safe, exciting experiments that show **cause and reaction**. They might mix ingredients to create fizzing or bubbling effects, watch colours change, or explore melting and freezing. These activities encourage curiosity and help them make connections between actions and outcomes.

In **biology**, the children will learn about how our bodies work and how we keep ourselves healthy. This may include talking about healthcare professionals, exploring the senses, and looking at what living things need to grow. Together, these experiences will give the preschoolers a rich introduction to scientific ideas while keeping everything playful, engaging, and full of wonder.

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## 🔒 Online Safety at Home

Supporting Early Years Children to Use Technology Safely

### 🌟 Why Online Safety Matters

Even our youngest children are growing up around phones, tablets, smart TVs, and voice-activated devices. While technology can be fun and educational, early years children need close guidance to stay safe and develop healthy digital habits.

### 👤 What Parents Can Do at Home

#### 📱 Create Safe, Supervised Screen Time

- Keep devices in shared family spaces so children are always within sight and hearing.
- Sit with your child during screen time to talk about what they're watching or playing.
- Choose age-appropriate apps, videos, and games designed specifically for early years.

#### 🔒 Use Parental Controls

- Set up child-safe profiles on streaming services and tablets.
- Use built-in parental controls to block unsuitable content and limit access to the internet.
- Turn off in-app purchases to avoid accidental spending.

#### 🧠 Teach Simple Safety Messages

- Encourage children to tell an adult if something online makes them feel unsure or upset.
- Begin introducing the idea of "private information" — names, addresses, and photos should only be shared by grown-ups.
- Model healthy digital behaviour by showing how you use devices calmly and safely.

#### ⌚ Set Healthy Boundaries

- Create clear routines for when and how long screens can be used.
- Balance screen time with plenty of play, outdoor time, and face-to-face interaction.
- Avoid screens during meals and before bedtime to support good sleep habits.

#### 📖 Choose Quality Content

- Look for educational apps and programmes that encourage creativity, language, and problem-solving.
- Use trusted sources such as CBeebies, child-friendly learning apps, and nursery-recommended resources.

#### 💛 Work Together

Online safety works best when nursery and home share the same messages. If you ever need advice on age-appropriate apps, settings, or digital routines, please speak to a member of the team.





February 2026 -

Look at what we've been doing